

To access this and past Updates, please visit NHC's [website](#), or Ctrl/click on this link [UPDATE FROM NEPEAN HOUSING CORPORATION- \(COVID-19\)](#)

PLEASE SHARE THIS INFORMATION WITH NEIGHBOURS  
WHO DON'T HAVE AN E-MAIL ADDRESS

### **Congratulations!!!**

Congrats not only to the graduating classes of 2021 but also to the students, parents and teachers of all other classes who rose to the challenges of the 2020-21 school year. Let's hope "a year like no other" stays that way, and that September 2021 is as normal as possible.



### **COVID Updates**

#### **COVID-19 Vaccinations**

Ottawa Public Health says another record for COVID-19 vaccinations in Ottawa has been broken, with more than 130,000 doses administered last week. Everyone in Ontario 12 and older is now eligible to book accelerated second dose appointments.

*How to book a vaccination appointment and what will you need?*

The Ontario government says when booking an appointment through the [provincial online system](#), you will be asked for the following information:

- Government of Ontario green photo health card
- Birth date
- Postal code
- Email address or phone number

You can also call the provincial booking line at 1-833-943-3900 between 8 a.m. and 8 p.m. seven days a week. You may also be able eligible for vaccination at a [local pharmacy](#) or at the [Bruyère vaccine clinic](#).

## Ottawa launches COVID-19 vaccine waitlist for unclaimed shots

Ottawa residents still in need of a first or second COVID-19 vaccine shot can now register for a waitlist to scoop up leftover doses from a community clinic. The measure will help to ensure that unclaimed doses, which are thawed out and prepared on a regular basis throughout the day, do not go to waste.

Residents can [sign up for the vaccine waitlist tool](#) on a daily basis, as the form resets at 11:59 p.m. daily. When an appointment is available, Ottawa Public Health will directly contact registrants by text, email or phone. The appointments could become available at any time of the day, not just the end of clinic operations, the city says.



## COVID-19: Travel, testing, quarantine and borders

Starting July 5, there will be some exemptions for people eligible to enter Canada, who also meet specific conditions for fully vaccinated travellers. For more information on COVID-19: Travel, testing, quarantine and borders visit here: [COVID-19: Travel, testing, quarantine and borders - Travel.gc.ca](https://travel.gc.ca)

## Public Health Agency of Canada

At the tail end of June, the Public Health Agency of Canada released national guidance on what partially and fully vaccinated Canadians can do. The information from the Public Health Agency of Canada also states that despite this national guidance, each person should consult local guidelines on gathering rules and other public health measures. To view the guidelines from the Public Health Agency of Canada visit:

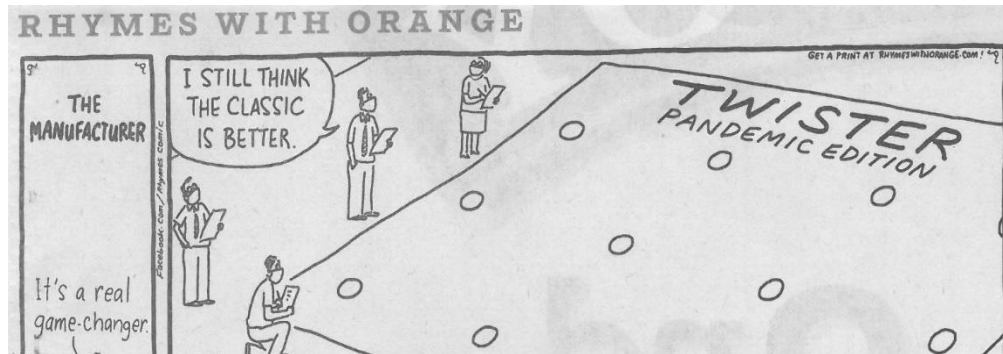
<https://www.canada.ca/content/dam/phac-aspc/documents/services/diseases/2019-novel-coronavirus-infection/awareness-resources/vaccinated-against-covid-19-public-health-measures/vaccinated-against-covid-19-public-health-measures.pdf>

## Reopening Ontario

As of June 30 Ontario is now in Step 2 of the Ontario Governments *Roadmap to Reopen*. The Roadmap to Reopen is a three-step plan to safely and cautiously reopen the province and gradually lift public health measures. The plan is based on:

- the province wide vaccination rate
- improvements in key public health and health care indicators

To learn about the Roadmap to Reopen visit: <https://www.ontario.ca/page/reopening-ontario>.



## **Nepean Housing Updates**

### **Need a Fridge or Stove Replaced?**

Effective January 1, 2021, NHC ceased repairs and replacement of appliances (refrigerator and stove). As previously announced, to address instances where vacating tenants choose to leave their working appliances, NHC is inviting tenants to place their name on a waiting list for available appliances. Position on the list will be on a first-come-first-served basis.

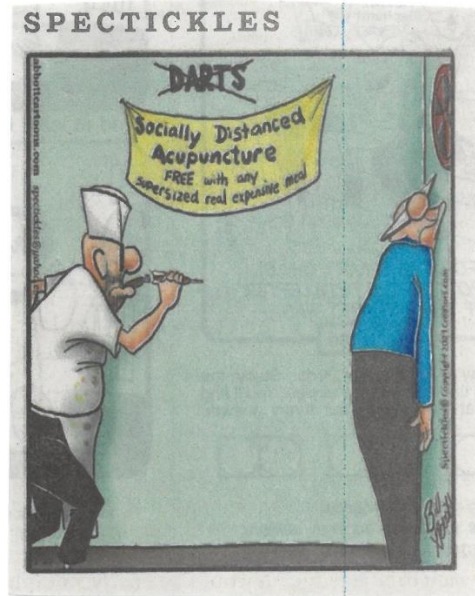
If you accept one of the appliances:

- You have 24 hours to make a decision to accept and up to an additional 24 hours to pick up the appliance(s) at the vacant unit (total 48 hours). **Transportation and removal of the appliance is your responsibility.** If you cannot arrange pick-up, please *do not* place your name on the wait list.
- Upon pick-up, you will sign an Appliance Receipt acknowledging the appliance is accepted "As Is." There is no warranty and NHC will not provide parts or service.
- **You are responsible for properly disposing of their old appliance and cannot leave it at the curb.**

To get on the list, send an e-mail to [info@nepeanhousing.ca](mailto:info@nepeanhousing.ca) or call 613-823-8452. We'll need the following information:

- Name
- Street address and e-mail address
- Phone number
- Looking for a refrigerator or stove or both

**As of Wednesday, July 7, we have one stove available in Hammill Court and a fridge and stove in Draffin Court. If you're interested, AND YOU CAN ARRANGE TO MOVE THEM, call 613-823-8452 ext. 114.**



## High Water Usage

Some of you may have received a notice from NHC indicating we have to enter your unit to inspect water usage. Following is some background on why we do that.

When we receive the water bill from the City of Ottawa, it indicates both the volume of water used and how much that cost. We review the bill and look for anything out of the ordinary. For instance, if the average bill is \$70, any accounts over \$140 are worth looking into. Does that mean you're doing too much laundry or taking too many showers? That's very rarely the case. Most of the time, it means that something is wrong with the plumbing: flush handle is broken, flapper doesn't close, pipe is broken, etc. Once we get in and fix it, the high volume of water stops and things return to normal.

In 2020, NHC spent over \$415,000 in water charges. As this is a "big ticket" item, we are making efforts to conserve water. The cooperation of all tenants is greatly appreciated.

## YUCK – Cockroaches!

Who wants to talk about cockroaches? We don't, but we have to! No one wants cockroaches in their home, and we don't want them there either. At the first sign of any activity, please please please call us immediately. This is the best way to eliminate the problem before they get too comfortable and then go to visit your neighbour.

*Of course, prevention is the key to having these unwelcome guests.*

1. Keep it clean. Good sanitation is the number one way to prevent cockroaches.
2. Focus on the kitchen. Don't leave food out overnight. Wash dirty dishes daily. Wipe up crumbs and spilled food, even in cabinets and pantries. Clean kitchen counters with disinfectant spray every night. Don't forget the appliances. Roaches love to feast on grease and spilled food on, in, under, and behind your appliances, including your refrigerator, stove, microwave, toaster, and under the kitchen sink.

3. Limit where you eat. Restrict food consumption to one room. This not only makes cleanup easier for you, it limits crumbs and spills that you might not notice in other rooms that provides another food source for roaches.
4. Store all food in sealed containers. Roaches can fit inside the openings of typical cardboard packages that food comes in. This also applies to pet food. Pet food should be kept in a sealed container so as to not attract roaches into the house. Pet food bowls and containers should also be emptied every night.
5. Empty the trash. Make sure your trash can has a tight fitting lid, and empty the trash each night. Make sure your outside trash cans are clean and kept away from the home.
6. Roaches feed at night. Vacuuming or sweeping the kitchen floor nightly eliminates the food supply for roaches. Vacuum the other rooms in your house every 2 to 3 days, as well. This helps to get rid of roach feces, body parts and egg sacs. These contain pheromones that attract other roaches into your home.
7. Remove anything roaches can use for shelter, such as cardboard and paper.



## **Community Services**

### **Energy Affordability Program**

As a reminder, the Energy Affordability Program offers energy-saving upgrades tailored to the specific needs of your home, all at no cost. And a more energy-efficient home means more comfort and more money in your wallet. The Energy Affordability Program

provides support to income-eligible electricity consumers by helping them to lower their monthly electricity costs and to increase their home comfort.

Depending on your situation, you may receive different energy-saving products and services. Some participants may qualify for a **free home energy needs assessment** conducted by a trained energy professional that will help identify energy-efficient upgrades available for their homes, such as replacement of inefficient appliances and professionally-installed insulation and draft-proofing. These upgrades may be installed during or after an in-home visit. Other participants may qualify instead for **free energy saving kits**. These are customized to meet their energy needs and could include energy-saving LED lighting, timers, faucet aerators and/or a clothes drying line.

All expert advice and energy-saving home upgrades under this program are completely free of charge. The Energy Affordability Program is brought to you by Greensaver, the Save on Energy delivery partner. For more information, visit:

<https://saveonenergy.ca/en/For-Your-Home/Energy-Affordability-Program>

### **1Call1Click.ca**

Serving Eastern Ontario, 1Call1Click.ca matches children, youth and their families with the right mental health and addition services, when they need it.

While they offer bilingual services, interpreters are also available in many languages. They serve children, youth and families to ask their questions, big or small, about mental health and addition care. They match children, youth and families with the best available care service for them and assist in making an appointment, and they coordinate care for children and youth with complex mental health and additional needs who require services from numerous providers. To find out more, visit: <https://1call1click.ca>

### **Landlord & Tenant Board**

## ***Attention Renters!***

**The Landlord and Tenant Board (LTB) has expanded access terminals to Ottawa for those who do not have access to a phone, computer and/or the Internet!**

If you have a hearing at the LTB, but do not have access to a phone, computer, or the Internet, the hearing centre may grant you access to the terminal so that you can participate in your virtual hearing at the access terminal located at **255 Albert Street, floor 4.**



**If you have received a Notice of Hearing and require access to the terminal, contact the LTB right away by sending in a Request for Accommodation form, found on the LTB website.**

**The LTB will evaluate each request on a case-by-case basis and respond with its decision to grant or deny the request.**

**If you need help in making this request, or if your request is denied, please call us immediately!**

**This is not legal advice. For more information about what this means for you, please contact Community Legal Services of Ottawa:**  
(West) 613-596-1641 (South) 613-733-0140 (Downtown) 613-241-7008

