



BARRHAVEN SOUP KITCHEN

EST. 2020

(613) 880-0033

The Barrhaven Soup Kitchen is a newly formed group of 200 volunteers whose aim is to provide soup ingredients with an easy to follow recipe for the food insecure. We donate the soup ingredients, test out the soup, prepare the recipe and package the soup ingredients.

We plan to make soups kits such as: lentil, veg chili, scotch broth, tomato, minestrone, Thai curry and Vietnamese egg noodle soup. We supplement the soup ingredients with crackers and fruit. Our kits come with a recipe that is easy to follow. All ingredients required will be pre-measured and included. The recipe kits will be quick and use only one pot. The soup will cook on a stove top in 45-60 minutes.

All requests are confidential. Please call if you wish to receive a soup ingredient kit.
Hoping to hear from you and best wishes,
Georgina Hunter, Creator and Administrator, Barrhaven Soup Kitchen, (613) 880-0033